

# PAUL

depuis 1889



Breakfast Menu



## PAUL, bakers at heart

In 1889, when my great-great grandparents opened their first bakery, they would never have imagined that one day their passion for bread would take us so far away from France... and that you would welcome us so warmly to UAE!

With more than 137 years of history, we are truly happy to continue sharing our most important values with you, those which have been passed down through 5 generations of our family: love for bread, the French "art de vivre" and the constant monitoring of the quality of our products...

Wonderfully combining tradition and modernity, our chefs have created the best platters for you: generous salads topped with the best ingredients, traditional dishes with a creative twist, and your favourite mouth-watering patisseries...

You will also find some favourite local dishes using local ingredients and spices but each dish has been given a small French touch.

Sit down, relax, and let your savoury journey to France begin here.

Bienvenue chez PAUL et... bon appétit !

Maxime HOLDER  
Chairman  
PAUL International



## Eat well, well-being

Because we have been feeding people since 1889, we know that, at any age, pleasure must be associated with well-being.

In this respect, PAUL offers you a range that is both nutritionally balanced and full of taste. A range that has been conceived so that we can offer you something for every occasion.

At breakfast, lunch or dinner, taste our high-quality products all made especially for you by our teams, ensuring authenticity, emphasising the natural ingredients whilst being attentive to the need for a balanced diet.

We hope that you will enjoy this new range as much as we have enjoyed bringing it all together for you.



WELL-BEING RANGE
















VEGETARIAN - No meat, no fish, but may contain eggs or dairy products.




# Viennoiseries

At PAUL, all our viennoiseries are crafted with 100% pure butter for an authentically rich taste



- Gourmandise     15
- Apple Turnover    15
- Escargot aux Raisins    16
- Apple Grillé    15



- Plain Croissant    15
- Almond Croissant     18
- Cheese Croissant    18
- Zaatar Croissant    18
- Pistachio Croissant     18

















**SET MENU BREAKFAST**

**Parisien 58**  
1 hot beverage  
+ 1 viennoiserie of your choice  
1/2 baguette, butter & jam (apricot & strawberry)

**Continental 68**  
1 hot beverage + 1 fresh orange juice + 1 viennoiserie of your choice  
+ 1/2 baguette, butter & jam (apricot & strawberry)

**Compleat 88**  
1 hot beverage + 1 fresh orange juice  
+ 1 viennoiserie of your choice  
+ 1/2 baguette, butter & jam (apricot & strawberry) + plain omelette, served with side salad



- Pain au Chocolat     18
- Pain au Chocolat Almond      18
- Pain au Chocolat Pistachio      18
- Palmier    15

# Pastries



**Chocolate Tartlet** 🌱🥚🥛🌰 23  
Rich dark chocolate ganache in a crisp sweet pastry shell.

**Strawberry Tartlet** 🌱🥚🥛🌰 26  
PAUL signature fresh strawberries arranged over smooth pastry cream in a crisp sweet tart shell, lightly glazed for bright sweetness.

**Apricot Anglaise** 🌱🥚🥛🌰 19  
PAUL signature flaky buttery pastry filled with tender apricots and light custard, offering a bright, gently caramelized fruity delight.

**Apple Tartlet** 🌱🥚🥛🌰 19  
Thin buttery pastry topped with tender baked apples, lightly caramelized and glazed for a crisp, delicately sweet finish.

**Lemon Tartlet** 🌱🥚🥛🌰 23  
PAUL signature zesty lemon cream in a crisp sweet tart shell, finished with a light glaze for bright, refreshing flavour.

**Strawberry Cheesecake** 🌱🥚🥛🌰 26  
Creamy cheesecake layered with sweet strawberry topping on a buttery base.

**Strawberry Millefeuille** 🌱🥚🥛🌰 26  
PAUL signature layers of crisp caramelized puff pastry with vanilla cream and fresh strawberries.



**Chocolate Éclair** 🌱🥚🥛🌰 24  
PAUL signature light choux pastry filled with rich chocolate cream and topped with smooth glossy chocolate icing.

**Strawberry Éclair** 🌱🥚🥛🌰 24  
A light choux pastry filled with silky strawberry cream and topped with fresh berries.



PAUL's exclusive 80 g macarons combine a generous size with delicate almond shells and rich, indulgent fillings across a variety of signature flavours.

**Chocolate Macaron** 🌱🥚🥛🌰🌱 25

**Raspberry Macaron** 🌱🥚🥛🌰🌱 25

**Pistachio Macaron** 🌱🥚🥛🌰🌱 25

**Vanilla Macaron** 🌱🥚🥛🌰🌱 25

# Eggs & Omelettes



**Poached Eggs and Caramelized Dauphinois Potatoes** 56

Poached eggs, caramelized potato gratin dauphinois, rosemary and thyme infused parmesan sauce, served with a side salad.



**Stracciatella Omelette and Pistachio Pesto** 68

Creamy stracciatella omelette, with veal ham, pistachio pesto, sundried tomatoes, basil and parmigiano-reggiano.



**Labneh Harissa and Fermented Olives** 54

Poached eggs, creamy labneh infused with dehydrated olive dukkha & hazelnut za'atar, bathed in a spiced beurre noisette, served with fougasse bread on the side.



**Eggs Your Way** 46

Your choice of: fried eggs or sunny side up or plain omelette. Served with a side salad.

Add on:  
Mixed vegetables 8  
Emmental cheese 8

# Eggs & Omelettes



## Eggs Royal

72

Two poached eggs on brioche bun, topped with hollandaise sauce and smoked salmon, served with a side salad & hashbrown potato.

## Eggs Benedict

69

Two poached eggs on brioche bun, topped with hollandaise sauce and veal ham, served with a side salad & hashbrown potato.



## Halloumi Pesto Quinoa

74

Quinoa, pesto, chia crackers, grilled halloumi, avocado, sweet potato, chickpeas, rocket leaves served with mandarin dressing, topped with your choice of poached or boiled egg.



## Avocado Poached Eggs

64

Two poached eggs with avocado, toasted brioche bread with cream cheese and dill, baby spinach, topped with hollandaise sauce, served with a side salad and hash brown potato.



## Salmon Croll

72

Poached egg, layered on smoked salmon, tartar cream cheese, rocket leaves, over a croissant croll, drizzled with our hollandaise sauce, garnished with crispy crushed onions, and a side salad.

# Sandwiches & Toasts



## Truffle Scrambled on Toast **New** 68

Shavings of black truffle on fluffy scrambled eggs, served on top of brioche bread, served with a side salad.

## Halloumi Pesto 59

Grilled halloumi, polka bread, pesto, sundried tomato, fresh tomatoes, cucumber, basil, rocca, served with a side salad.

## Croissalmon Avocado 56

Fresh croissant delicately filled with mixed greens, scrambled eggs, smoked salmon, fresh avocado, served with a side salad.



## Triple Avocado Smash **New** 59

Crushed avocado, served on top of a slice of toasted ancient bread, garnished with crispy cashew cereal.

## Feta Avocado Tartine 58

Avocado, scrambled eggs, topped with crumbled feta cheese, served on our crispy toast.

## Miso Avocado Tartine 56

Avocado, poached eggs drizzled with miso cashew sauce, served on our crispy toast.



## Veal Ham & Cheese Baguette 64

Classic veal ham and Gruyere cheese, on salted peppered butter, served with a side salad.



## Croque-Monsieur 69

Classic French open-faced sandwich with veal ham and Gruyere cheese on crispy bread, served with a side salad.  
Add egg: the Croque-Madame version, topped with your choice of poached or fried egg. **8**

# French Toast & Acai



**Red Fruits Chia Pudding** 44  
Chia seeds & coconut milk base topped with red fruit coulis & fresh red fruits.



**French Toast** 46  
PAUL's baked brioche, packed with creamy vanilla, served with vanilla ice cream and garnished with red fruits.

**Acai Bowl** 48  
Served with seasonal fruits.

Add on:  
Granola 5  
Dried Nuts 5



**Mango Chia Pudding** 44  
Chia seeds & coconut milk base topped with mango coulis & fresh mangoes, pomegranate, & almond flakes.



**Acai Peanut Butter** 48  
Served with peanut butter and banana.  
Add on:  
Granola 5  
Dried Nuts 5

# Beverages

## SMOOTHIES



### Heart Beet 32

A heartfelt combination of beetroot, avocado, and apple garnished with a beetroot tuile.

### "Miel et Soleil" 32

Mango nectar blended with passion fruit and a pinch of turmeric, garnished with sumac and fresh tropical mango.

### Greenfields 32

Crisp tropical fruits combined with fresh spinach and a hint of ginger.

### PAUL Mix 32

A flavour adventure of fresh kiwi, mango juice and fresh strawberry juice.

## TEA INFUSION

### Chamomile Yuzu 32

A refreshing fusion of cold brew chamomile tea with a Japanese twist.

### Cold Brew Hibiscus Berry 28

Smooth mellow combination of cold brew hibiscus infused with blackcurrant and natural honey.

### Passion Surprise 32

A thirst-quenching blend of passion fruit, cold brew chamomile tea and sage.

## MATCHA SELECTION



### Matcha Latte (Hot/Iced) 32

Indulge in the exquisite experience of Japanese tradition with a rich, velvety smooth texture.

### Matcha Whipped Coffee 32

Smooth matcha topped with airy whipped coffee for a bold, creamy contrast.

### Matcha Affogato 32

Creamy ice cream finished with a warm pour of earthy matcha.

## FRESH JUICES

### Orange, Orange & Carrot, Carrot, Kiwi, Mango, Strawberry (32) 29

## TEA SELECTION

### Thé noir Breakfast, Thé noir Vanilla, Thé noir Earl Grey, Thé vert Menthe, Thé vert Yunann, Camomille 24

## SIGNATURE COLLECTION



### Spanish Latté (Hot/Iced) 32

Our signature method of making a Spanish latté, creating a rich-velvety and smooth-creamy texture.

### Caramel Cappuccino 29

Coffee, caramel and velvety frothed milk, drizzled with indulgent caramel on top.

### Vanilla Almond Latté 29

Almond milk, coffee, with Madagascar vanilla sprinkled and roasted almond flakes.

### Cinnamon Honey Latté 29

Velvety smooth latte spiced up with cinnamon and natural honey.

### "L'Onctueux" 26

#### Hot Chocolate

Rich, velvety chocolate melted into warm milk for a comforting classic.

## OTHER DRINKS

### Acqua Panna (Small/Large) 18 / 29

### Sparkling Water (Small/Large) 24 / 34

### Soft Drinks 17

## CLASSIC COFFEES

### Espresso (S/D) 16 / 22

### Café Crème 24

### Cappuccino 24

### Flat White 24

### Cortado 22

### Piccolo 19

### Americano 24

### Mocha 26

Alternative milk substitutes:

Coconut / Almond / Oat / Soy 6

## COMFORT & INDULGENCE



### Chocolate Duo Café Frappé 32

Indulgent rich chocolate and crunchy coffee beans topped with whipped cream, dark chocolate sauce and toffee caramel.

### Coffee Frappé 32

An improved recipe of rich-flavour coffee with a creamy and indulgent taste.

### Low-Calorie Frappé 32

Selection of caramel or hazelnut.

### Frozen Mint Lemonade 29

An icy blend of zesty lemon and cool mint.

**ENCOURAGE**  
a balanced diet

**REDUCE**  
the impact of our packaging

**SUSTAIN**  
actions of solidarity

**SELECT**  
Wheat flour for  
our bread

**BAN**  
artificial colours and  
flavours

**DEVELOP**  
vegetarian offerings

**SUPPORT**  
animal welfare

**FIGHT**  
against food wastage

**FACILITATE**  
access to employment



**NUTRITION,  
ENVIRONMENT,  
COMMUNITY,  
PAUL commits**

